



## Simply Good Foods to Report Fourth Quarter and Full Fiscal Year 2024 Financial Results on Thursday, October 24, 2024

October 1, 2024

DENVER, Oct. 01, 2024 (GLOBE NEWSWIRE) -- The Simply Good Foods Company (NASDAQ: SMPL) ("Simply Good Foods" or the "Company"), a developer, marketer and seller of branded nutritional foods and snacking products, today announced it will report financial results for the 14 week fiscal fourth quarter and full fiscal year ended August 31, 2024, on Thursday, October 24, 2024, before market open. The Company will host a conference call to discuss these results with additional comments and details provided at that time. Participating on the call will be Geoff Tanner, President and Chief Executive Officer, and Shaun Mara, Chief Financial Officer.

The conference call is scheduled to begin at 6:30 a.m. Mountain time (8:30 a.m. Eastern time) on Thursday, October 24, 2024. Investors interested in participating in the live call can dial 1-877-407-0792 from the U.S. and International callers can dial 201-689-8263.

In addition, the call and accompanying presentation slides will be broadcast live over the Internet hosted at the "Investor Relations" section of the Company's website at <http://www.thesimplygoodfoodscompany.com>. A telephone replay will be available approximately two hours after the call concludes and will be available through Thursday, October 31, 2024, by dialing 1-844-512-2921 from the U.S., or 412-317-6671 from international locations, and entering confirmation code 13749310.

### About The Simply Good Foods Company

The Simply Good Foods Company (Nasdaq: SMPL), headquartered in Denver, Colorado, is a consumer packaged food and beverage company that is bringing nutritious snacking with ambitious goals to raise the bar on what food can be with trusted brands and innovative products. Our product portfolio consists primarily of protein bars, ready-to-drink (RTD) shakes, sweet and salty snacks, and confectionery products marketed under the Atkins™, Quest™, and OWYN™ brands. We are a company that aims to lead the nutritious snacking movement and is poised to expand our health lifestyle platform through innovation, organic growth, and investment opportunities in the snacking space. To learn more, visit <http://www.thesimplygoodfoodscompany.com>.

### Investor Contact

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