FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	D.C.	20549

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OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average	burden								
hours per response	e: 0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1(c). S	ee Instruction 1	0.																		
1. Name and Address of Reporting Person*  Ratzan Brian K.				2. Issuer Name <b>and</b> Ticker or Trading Symbol Simply Good Foods Co [ SMPL ]								Check		nship of Reporting Person(s) to Issuapplicable)						
Katzaii	DHall K.					1-5-						,			1	Direc	tor		10% Ov	vner
(Last) (First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 11/11/2024									Officer (give title below)			Other (s below)	specify			
1225 177	ΓH STREE	Γ, SUITE 1000																		
				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)															IIIe)	Form filed by One Reporting Person				
DENVE	DENVER CO 80202														Form filed by More than One Reporting					
(City)	(St	ate) (2	Zip)													Perso	on			
(Oity)	(00				<u> </u>															
		Table	I - I	Non-Deriva	tive	Secui	rities <i>A</i>	<b>\cq</b> ı	uire	d, D	ispo	sed o	f, or I	<b>Benefic</b>	ially	Own	ed			
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Yea			Execution Date,		3. Transaction Code (Instr. 8)		4. Sec Dispo	i. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar		d (A) or r. 3, 4 and	nd 5) Sec Ben Owi		curities For neficially (D ned Following In		m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
						Co	de	V Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)		(11151	u. 4)	(111501. 4)			
Common Stock 11/11/2024			24		S	s 66,483		D	\$36.28	2,099,38		99,387		D						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
					5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Expiration Date			Amo Secu Unde Deriv		Deri Sec (Ins	rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	,	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
														Amount or Number	1					

## **Explanation of Responses:**

1. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$36.25 to \$36.37, inclusive. The reporting person undertakes to provide to the issuer, any stockholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

(D) (A)

Date Exercisable

Expiration Date

## Remarks:

/s/ Timothy R. Kraft, as 11/12/2024 Attorney-in-Fact for Brian K.

\*\* Signature of Reporting Person Date

of Shares

Title

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code V

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.