UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K	

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Current Report

Date of Report (Date of earliest event reported): April 25, 2022

The Simply Good Foods Company

(Exact name of registrant as specified in its charter)



Delaware	001-38115	82-1038121
(State or other jurisdiction of		(I.R.S. Employer
incorporation or organization)	(Commission File Number)	Identification Number)

1225 17th Street, Suite 1000 Denver, CO 80202

(Address of principal executive offices and zip code)

Registrant's telephone number, including area code: (303) 633-2840

Check the appropriate box below if the Form 8-K filing is ollowing provisions:	intended to simultaneously satisf	y the filing obligation of the registrant under any of the	
onowing provisions.			
 □ Written communications pursuant to Rule 425 under th □ Soliciting material pursuant to Rule 14a-12 under the E □ Pre-commencement communications pursuant to Rule □ Pre-commencement communications pursuant to Rule 	Exchange Act (17 CFR 240.14a-1 14d-2(b) under the Exchange Act	2) t (17 CFR 240.14d-2(b))	
securities registered pursuant to Section 12(b) of the Act:			
Title of each class	Trading symbol	Name of each exchange on which registered	
Common Stock, par value \$0.01 per share	SMPL	Nasdaq	
ndicate by check mark whether the registrant is an emergi hapter) or Rule 12b-2 of the Securities Exchange Act of 1 Emerging growth company		n Rule 405 of the Securities Act of 1933 (§230.405 of this	
f an emerging growth company, indicate by check mark if r revised financial accounting standards provided pursuar	_	use the extended transition period for complying with any ge Act. \Box	new

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

Effective May 2, 2022, Linda M. Zink has been named the Chief Marketing Officer of Simply Good Foods USA, Inc., a wholly owned subsidiary of The Simply Good Foods Company (the "Company"). With the Quest Nutrition, LLC business integration substantially complete, and as part of the Company's succession planning, Ms. Zink will lead all marketing activities for the Company. Ms. Zink will continue to report to Joseph E. Scalzo, the Company's President and Chief Executive Officer.

Also effective May 2, 2022, C. Scott Parker, Chief Marketing Officer of the Atkins brand since January 2011 and a named executive officer of the Company, will transition to a non-executive officer strategic advisory role for the Atkins brand and will continue to report to Joseph E. Scalzo.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

e: April 28, 2022 By: /s/ Todd E. Cunfer

Name: Todd E. Cunfer

Title: Chief Financial Officer

(Principal Financial Officer)