Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
houre per reenonee	. 0.5									

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Mara Shaun					2. Issuer Name and Ticker or Trading Symbol Simply Good Foods Co [SMPL]									ck all app Direc	licable) tor	ng Person(s) to Is		vner	
(Last)	(Fii	st) (M	/liddle)		3. Date of Earliest Transaction (Month/Day/Year) 05/08/2024									X	belov	Officer (give title below) Chief Finance		Other (s below)	вресіту
SUITE 1000					4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)								
(Street) DENVE	Street) DENVER CO 80202													X	X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)					Rul	Rule 10b5-1(c) Transaction Indication													
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	, or E	Bene	ficial	ly Own	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				Executio		ution I	Date,	3. Transaction Code (Instr. 8) 4. Securities Ac Disposed Of (D) 5)							ties cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
										v	Amount	(A) (D)	or P	rice		ted action(s) 3 and 4)			(Instr. 4)
Common Stock 05/08/2					2024				F		5,908(1)	Ι) ;	\$37.3	7.3 53,994			D	
		Tal									osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	ive Conversion Date Execution Date, y or Exercise (Month/Day/Year) if any		ion Date,	4. Transaction Code (Instr. 8)		5. Nu of Deriv Secu Acqu (A) o Dispo of (D' (Instr and §	rities lired r osed) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		te	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		D S (I	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Share	ber					

Explanation of Responses:

1. Represents shares withheld by the Issuer to cover the tax withholding obligations upon the vesting of restricted stock units.

Remarks:

/s/ Timothy R. Kraft as Attorney-in-Fact for Shaun

05/09/2024

Mara

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.