FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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20549			OMB APPROVAL

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## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     SCALZO JOSEPH				2. Issuer Name and Ticker or Trading Symbol Simply Good Foods Co [ SMPL ]								lationship k all app Direc	licable)	ng Person(s) to		Owner				
(Last)	(Fir	st) (N	/liddle)	3. Date of Earliest Transaction (Month/Day/Year) 07/08/2024								Office below	er (give title v)		Other (specify below)					
1225 17TH STREET, SUITE 1000			4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)											
(Street)														V		filed by One	•	Ü	- 1	
DENVE	R CC	8	0202			Form filed Person											led by More than One Reporting			
(City)	(Sta	ate) (Z	<u>Z</u> ip)		Rule 10b5-1(c) Transaction Indication															
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	, or B	Bene	ficiall	y Own	ed				
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day				Execution		ution [	Date,	3. 4. Securitie Disposed Code (Instr. 8)		es Acquired (A) Of (D) (Instr. 3, 4		A) or , 4 and	5. Amo Securit Benefic Owned Report	ties cially Following	Form:	Direct Indirect Itstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A) (D)	or P	rice	Transa	action(s) 3 and 4)			(IIIsti. 4)		
Common Stock 07/08/2				2024			F		2,429(1)	D	9	36.22	135,377			D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date curity or Exercise (Month/Day/Year) if any		ion Date,	4. Transaction Code (Instr. 8)		of	r osed (1. 3, 4	6. Date Exerc Expiration Da (Month/Day/Y		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		De Se (In	Price of crivative curity estr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y D O (I	0. Ownership Form: Direct (D) For Indirect () (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amor or Num of Share	ber						

## **Explanation of Responses:**

1. Represents shares withheld by the Issuer to cover the tax withholding obligations upon the vesting of restricted stock units.

## Remarks:

/s/ Timothy R. Kraft, as Attorney-in-Fact for Joseph E. 07/08/2024 Scalzo

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.