UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4

FORM 4

 or Form 5 obligations 	s may continue. See Instruction 1(ı).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940												
1. Name and Address o Cunfer Todd E		and Ticker or Tradii od Foods Co					ionship of Reporting Person(s) t all applicable) Director Officer (give title below)	ier ecify below)							
(Last) (First) (Middle) 1225 17TH STREET, SUITE 1000				st Transaction (Mor	nth/Day/Yea	ar)			Chief Fin	ancial Officer					
(Street) DENVER	CO	80202	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(City)	(State)	(Zip)								Form filed by More than One Reporting Person					
		Table I	- Non-Derivativ	ve Securities A	Acquired	l, Disp	osed of, or Bene	ficially Ov	vned						
1. Title of Security (Instr. 3)			2. Transaction Date	2A. Deemed Execution Date, if any	3. Transaction Code (Instr. 8)		4. Securities Acquired 3, 4 and 5)	l (A) or Dispos	ed Of (D) (Instr.	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr.			
		(Month/Day/Year)		Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	(instr. 4)	4)				
Common Stock		11/08/2019		A		5,254 ⁽¹⁾	Α	\$0	31,765	D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														

	Conversion	(Month/Day/Year)	(Instr. 8)		Securities Acquired (A) or				Derivative Security (Instr. 3 and 4)		Derivative Security (Instr.		Form: Direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Ceduny		Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Reported Transaction(s) (Instr. 4)			
Options to Purchase Common Stock	\$24.15	11/08/2019	A		16,219		(2)	11/08/2029	Common Stock	16,219	\$0	16,219	D		

Explanation of Responses:

1. Represents time-based restricted stock units ("RSUs") granted under the issuer's 2017 Omnibus Incentive Plan. Each RSU represents the contingent right to receive one share of the issuer's common stock. The RSUs vest in three equal annual installments beginning on November 8, 2020, subject to the reporting person's continuous service with the issuer as of each vesting date.

2. The stock options vest in three equal annual installments beginning on November 8, 2020, subject to the reporting person's continuous service with the issuer as of each vesting date

Remarks:

<u>/s/ Timothy R. Kraft, as Attorney-in-Fact for</u> <u>Todd E. Cunfer</u> <u>11/13/2019</u> ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
 Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

KNOW ALL BY THESE PRESENTS, that the undersigned hereby makes, constitutes and appoints Timothy R. Kraft, Neil J. Eckstein and Timothy A. Matthews, signing singly, 1 (i) execute for and on behalf of the undersigned, in the undersigned's capacity as a director, director nominee, officer or beneficial owner of shares of comm (ii) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Schedule 13D, § (iii) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorneys-in-fact, may be of benefit to, in

The undersigned hereby grants to such attorneys-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or p

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file reports or schedules under Section 13 or Section 16 * * * * *

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 4th day of November, 2019. By: /s/ Todd Cunfer Name: Todd Cunfer Title: Chief Financial Officer