SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Convers Park Sponsor LLC</u>	2. Issuer Name and Ticker or Trading Symbol Simply Good Foods Co [SMPL]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Conyers rark sponsor LLC		X Director X 10% Owner					
(Last) (First) (Middle) 31 W 52ND STREET	3. Date of Earliest Transaction (Month/Day/Year) 11/10/2021	Officer (give title Other (specify below) below)					
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable					
(Street) NEW YORK NY 10019		Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)		Person					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		4. Securities Disposed Of			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Shares	11/10/2021		S ⁽¹⁾		18,633	D	\$40.01 ⁽²⁾	9,093,867	D	
Common Shares	11/11/2021		S ⁽¹⁾		33,000	D	\$39.3 ⁽³⁾	9,060,867	D	
Common Shares	11/12/2021		S ⁽¹⁾		6,280	D	\$39.75 ⁽⁴⁾	9,054,587	D	
Common Shares	11/15/2021		S ⁽¹⁾		118,570	D	\$39.78 ⁽⁵⁾	8,936,017	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(-3),,														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		n of		6. Date Exerc Expiration Da (Month/Day/Y	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form:	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Pursuant to and in accordance with the terms of the Reporting Person's organizational documents, the Reporting Person sold shares of the Issuer's Common Stock the proceeds of which were distributed to Brian Ratzan, a Director of the Issuer, and certain other members of the Reporting Person, who are neither a director or officer of the Issuer

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.90 to \$40.53, inclusive. The reporting person undertakes to provide, upon request by the SEC staff, the Issuer, or any security holder of the company, full information regarding the number of shares sold at each separate price.

3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.17 to \$39.78, inclusive. The reporting person undertakes to provide, upon request by the SEC staff, the Issuer, or any security holder of the company, full information regarding the number of shares sold at each separate price.

4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.75 to \$39.77, inclusive. The reporting person undertakes to provide, upon request by the SEC staff, the Issuer, or any security holder of the company, full information regarding the number of shares sold at each separate price.

5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.75 to \$39.92, inclusive. The reporting person undertakes to provide, upon request by the SEC staff, the Issuer, or any security holder of the company, full information regarding the number of shares sold at each separate price.

/s/ Brian Ratzan, as Member 11/15/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See*

Instruction 1(b).